

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday  |
|--|--|---|--|---|--|-----------|
| <p>1</p> <p>Worship and Communion 9:45</p> <p>All Fools' Day<br/>Easter Sunday</p> | <p>2</p> <p>9:30 Sit and Stretch</p> <p>1:00 Grocery Shopping</p>  | <p>3</p> <p>9:30 Chair Yoga</p> <p>3:15 Rosary</p> <p>3:45 Communion</p>  | <p>4</p> <p>9:30 Balance</p> <p>10:00 Hymn Sing</p> <p>2:00 Birthday Party</p>     | <p>5</p> <p>2:45 Balance</p> <p>6:30 Word &amp; Song</p>  | <p>6</p> <p>9:45 Strength Training</p> <p>Happy Birthday to Lois Schaefer!</p>         | <p>7</p>  |
| <p>8</p> <p>Worship and Communion 9:45</p>   | <p>9</p> <p>9:30 Sit and Stretch</p> <p>1:00 Grocery Shopping</p>  | <p>10</p> <p>3:15 Rosary</p> <p>3:45 Communion</p>  | <p>11</p> <p>9:30 Balance</p> <p>10:00 Hymn Sing</p> <p>11:00 Hy Vee Salad Bar</p> | <p>12</p> <p>2:45 Balance</p> <p>6:30 Word &amp; Song</p> | <p>13</p> <p>9:30 Blood Pressure Check</p> <p>9:45 Strength Training</p>               | <p>14</p> |
| <p>15</p> <p>Worship and Communion 9:45</p>  | <p>16</p> <p>9:30 Sit and Stretch</p> <p>1:00 Grocery Shopping</p> | <p>17</p> <p>3:15 Rosary</p> <p>3:45 Communion</p>  | <p>18</p> <p>9:30 Balance</p> <p>10:00 Hymn Sing</p>                               | <p>19</p> <p>2:45 Balance</p> <p>6:30 Word &amp; Song</p> | <p>20</p> <p>9:45 Strength Training</p> <p>2:00 Happy Hour</p>                         | <p>21</p> |
| <p>22</p> <p>Worship and Communion 9:45</p> <p>Earth Day</p>                       | <p>23</p> <p>9:30 Sit and Stretch</p> <p>1:00 Grocery Shopping</p> | <p>24</p> <p>3:15 Rosary</p> <p>3:45 Communion</p>  | <p>25</p> <p>9:30 Balance</p> <p>10:00 Hymn Sing</p>                               | <p>26</p> <p>2:45 Balance</p> <p>6:30 Word &amp; Song</p> | <p>27</p> <p>9:00 Coffee And Donuts</p> <p>9:45 Strength Training</p> <p>Arbor Day</p> | <p>28</p> |
| <p>29</p> <p>Worship and Communion 9:45</p>  | <p>30</p> <p>9:30 Sit and Stretch</p> <p>1:00 Grocery Shopping</p> |  <p style="text-align: center; font-size: 2em; font-family: cursive;">April 2018</p>  |  |   |  |           |

