

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Canada Day
2 9:45 Worship & Communion – NH	3 9:30 Sit And Stretch- AR	4 Independence Day	5 9:00 Groceries 9:30 Balance 10:00 Hymn Sing 10:30 Bible Study 2:00 Birthday Party	6 2:45 Balance-AR 6:30 Word & Song	7 9:45 Strength Training- AR	8
9 9:45 Worship & Communion- NH	10 9:30 Sit And Stretch- AR 1:00 Groceries	11 3:15 Rosary- NH 3:45 Service & Communion- NH	12 9:30 Balance 10:00 Hymn Sing 10:30 Bible Study	13 2:45 Balance- AR 6:30 Word & Song	14 9:45 Strength Training- AR 2:00 Happy Hour- DR	15
16 9 :45 Worship & Celebration- NH	17 9:30 Sit & Stretch 1:00 Groceries	18 3:15 Rosary-NH 3:45 Service- NH	19 9:30 Balance- AR 10:00 Hymn Sing 10:30 Bible Study	20 2:45 Balance- AR 6:30 Word & Song	21 9:00 Donuts- DR 9:45 Strength Training- AR	22
23 9:45 Worship & Communion- NH	24 9:30 Sit & Stretch 1:00 Groceries	25 3:15 Rosary- NH 3:45 Service – NH	26 9:30 Balance- AR 10:00 Hymn Sing 10:30 Bible Study	27 11:00 Happy Joes Pizza Parlour 2:45 Balance- AR 6:30 Word & Song	28 9:45 Strength Training – AR	29
9:45 Worship & Communion- NH	9:30 Sit & Stretch 1:00 Groceries	<p><b>HAPPY BIRTHDAY TO:</b>  <b>CAROLYN Schmidt 7- 7 Alice Miller 7-17</b>  <b>Anna Mae Justmann 7-21</b>  <b>Virginia McNamer 7-29</b></p>				

