




LUTHERMANOR
 COMMUNITIES
The Residences

The Residences' After Hours
Emergency Maintenance:

Please **call** (563) 213-4157. You will automatically be connected with the maintenance employee on-call.



June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Calendar subject to change</i></p>			1	2 4:00 Happy Hour 	3 Club House Reserved 12:00-4:00	4
5	6	7 10:00 Summer class sign-up 6:30-8:00p NISOM	8	9	10 9:30 Men's Coffee 	11
12 Summer session starts!	13 10:30 Stretch It Out! 2:30 Water Aerobics	14 <i>Flag Day</i>  9:45 Chair Strength 10:30 Chair Strength 2:30 Arthritis Aquatics 6:30-8:00p NISOM	15 9:30 Ladies' Coffee  2:30 Water Aerobics	16 9:30 Strength Circuit 10:30 Strength Circuit	17 10:30 Chair Fitness 4:00 Pergola Party 	18
19 <i>Juneteenth</i> 	20 10:30 Stretch It Out! 2:30 Water Aerobics	21 <i>Summer Solstice</i>  9:45 Chair Strength 10:30 Chair Strength 2:30 Arthritis Aquatics 6:30-8:00p NISOM	22 2:30 Water Aerobics	23 9:30 Strength Circuit 10:30 Strength Circuit 1:00 Book Club 	24 10:30 Chair Fitness	25
26	27 10:30 Stretch It Out! 2:30 Water Aerobics	28 9:45 Chair Strength 10:30 Chair Strength 2:30 Arthritis Aquatics 6:30-8:00p NISOM	29 2:30 Water Aerobics	30 9:30 Strength Circuit 10:30 Strength Circuit		