

**Week 1 REGULAR / NAS**

**LMC Spring/Summer 2022**

**Week at a Glance**

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE COLD CEREAL OATMEAL EGG & CHEESE BISCUIT SANDWICH SAUSAGE PATTY PINEAPPLE TIDBITS MILK	CHOICE OF JUICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG W/ CHEESE TOAST BACON DARK SWEET CHERRIES MILK	CHOICE OF JUICE COLD CEREAL MALT O MEAL DENVER HASHBROWN CASSEROLE BLUEBERRY MUFFIN ORANGE WEDGES MILK	CHOICE OF JUICE COLD CEREAL OATMEAL FRENCH TOAST / SYRUP SAUSAGE LINK BANANA MILK	CHOICE OF JUICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG TOAST BACON STRAWBERRIES MILK	CHOICE OF JUICE COLD CEREAL MALT O MEAL CHEESE OMELET SCONE RASPBERRIES MILK	CHOICE OF JUICE COLD CEREAL OATMEAL HARD COOKED EGG SAUSAGE PATTY FRESH GRAPES MILK
<b>N O O N</b>	GLAZED HAM CANDIED YAMS GREEN BEANS LEMON MERINGUE PIE MILK	CHICKEN BREAST CORDON BLEU RICE PILAF GLAZED CARROTS ANGEL FOOD CAKE WITH STRAWBERRIES MILK	GLAZED MEATLOAF BAKED POTATO BROCCOLI FLORETS CANDY BAR CHEESECAKE MILK	SPAGHETTI W MEATSAUCE CALIFORNIA BLEND VEGETABLES GARLIC BREAD DEVILS FOOD PUDDING CAKE MILK GRILLED CHICKEN BREAST	BEEF STEW BUTTERMILK BISCUIT BACON CAULIFLOWER SALAD COCONUT CREAM PIE MILK	SALISBURY STEAK MASHED POTATOES BEEF GRAVY SHREDDED CARROT SALAD RICE KRISPIE SQUARE MILK	PORK CHOP SCALLOPED POTATOES CAMELIZED BUTTERNUT SQUASH CAMEL APPLE CAKE MILK
<b>E V E</b>	SLOPPY JOE ON BUN POTATO SMILES YELLOW SQUASH SNICKERDOODLE COOKIE MILK	BEEF RAVIOLI W/ MARINARA BREADSTICK TOSSED SALAD W/ DRSG EMERALD PEAR SLICES MILK	BAKED COD TATER TOTS COLESLAW COTTAGE CHEESE & PEACHES MILK	CRISPY CHICKEN SANDWICH FRENCH FRIES MIXED VEGETABLES FRESH MELON CUP MILK	MACARONI & CHEESE LITTLE SMOKIES IN BBQ SAUCE STEWED TOMATOES BANANA BAR MILK	POTATO SOUP CHICKEN SALAD SANDWICH MIXED GREENS SALAD CHOCOLATE PUDDING MILK	HAMBURGER ON BUN TOMATO, LETTUCE, ONION, PICKLE POTATO SALAD APRICOTS PEANUT BUTTER COOKIE MILK

Menus Approved By:



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**LUTHERMANOR**  
COMMUNITIES

05/08/22, 06/05/22, 07/03/22, 07/31/22, 08/28/22, 09/25/22

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG W/ CHEESE BACON APPLE SLICES MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL WAFFLES WITH SYRUP SAUSAGE LINK DICED PEARS MILK	JUICE OF CHOICE COLD CEREAL OATMEAL CHEESY EGG BAKE RAISIN TOAST BANANA HALF MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT SAUSAGE PATTY HARD COOKED EGG CINNAMON TWIST FRESH GRAPES MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL SCRAMBLED EGGS W/ PEPPER/ONION BACON TOAST WATERMELON MILK	JUICE OF CHOICE COLD CEREAL OATMEAL PANCAKES/SYRUP SAUSAGE LINK CANTALOUPE MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG BREAKFAST HAM PATTY FRUITED YOGURT MILK
<b>N O O N</b>	ROAST BEEF REDSKIN MASHED POTATOES BEEF GRAVY CREAMED CORN FRESH BAKED BREAD STRAWBERRY RHUBARB PIE MILK	CHICKEN FETTUCCINE ALFREDO GARLIC BREADSTICK BROCCOLI ICE CREAM OF THE MONTH MILK	TURKEY & DRESSING SANDWICH GREEN BEAN CASSEROLE CRANBERRY SAUCE BERRY 7-UP COBBLER MILK	SWISS CHICKEN BREAST TWICE BAKED MASHED POTATOES KEY WEST BLEND VEGETABLES FROSTED BROWNIE MILK	LASAGNA GARLIC BREAD ROASTED BRUSSELS SPROUTS CUSTARD PIE MILK	BEER BATTERED TILAPIA SUMMER FRESH PASTA SALAD GREEN PEAS APPLESAUCE CAKE MILK	CHICKEN NOODLE SOUP HAM AND SWISS SANDWICH ZUCCHINI & TOMATOES BANANA CREAM CHEESECAKE MILK
<b>E V E</b>	DELI CLUB SANDWICH BAKED CHIPS CUCUMBER & ONION SALAD RASPBERRY PEACHES MILK	ITALIAN SAUSAGE PARSLEY BUTTER RED POTATOES STEAMED CAULIFLOWER APPLESAUCE MILK	HOT DOG ON BUN POTATO SALAD BAKED BEANS BUTTERSCOTCH CHIP BAR MILK	CREAMED CHIPPED BEEF MASHED POTATOES BUTTERED PEAS CREAMY FRUIT DESSERT MILK	CHICKEN BREAST TENDERS CORN CASSEROLE COLESLAW FRUIT AND MARSHMALLOW QUICK SALAD MILK	ITALIAN BEEF ON BUN STEAK FRIES WAX BEANS MANDARIN ORANGE GELATIN MILK	BBQ RIB PATTY BAKED POTATO/MARG HARVARD BEETS ICE CREAM SANDWICH MILK

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**LUTHERMANOR**  
COMMUNITIES

05/15/22, 06/12/22, 07/10/22, 08/07/22, 09/04/22, 10/02/22

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	JUICE OF CHOICE COLD CEREAL MALT O MEAL CHEESE OMELET DONUT HOLES ORANGE WEDGES MILK	JUICE OF CHOICE COLD CEREAL OATMEAL SCRAMBLED EGG W/ HAM & CHEESE MUFFIN OF THE DAY SUNRISE FRUIT BLEND MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT HARD COOKED EGG BACON BUTTERED TOAST DARK SWEET CHERRIES MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL SCRAMBLED EGG SAUSAGE LINK CINNAMON ROLL W/ MOCHA FROSTING STRAWBERRIES MILK	JUICE OF CHOICE COLD CEREAL OATMEAL FRENCH TOAST / SYRUP BACON FRESH GRAPES MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG W/ CHEESE GLAZED MINI LONG JOHN WATERMELON MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL SAUSAGE PATTY HARD COOKED EGG BANANA MILK
<b>N O O N</b>	FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY COLESLAW APPLE PIE MILK	BREADED PORK PATTY LETTUCE /TOMATO /ONION FRENCH FRIES CLASSIC MACARONI SALAD MARBLE CAKE/FROSTING MILK	CHICKEN A LA KING BUTTERMILK BISCUIT CARROTS RHUBARB CRISP MILK	PASTA BAKE/MOSTACCIOLI BAKED CHICKEN BREAST CASCADE BLEND VEGETABLES TOSSED SALAD W/ DRSG GELATIN POKE CAKE MILK	BEEF & NOODLES FRESH BAKED BREAD SPINACH CRAISIN SALAD APPLE ORCHARD BAR MILK	BREADED SHRIMP COCKTAIL SAUCE BAKED POTATO/MARG PEAS & CARROTS PEACH UPSIDE DOWN CAKE MILK	BRATWURST ON BUN SAUERKRAUT GERMAN POTATO SALAD BAKED BEANS CHOCOLATE CHIP COOKIE BAR MILK
<b>E V E</b>	PIZZA BURGER ON BUN POTATO SPUDSTER CREAMED CORN CHOCOLATE CHIP COOKIE MILK	GLAZED MEATLOAF BAKED POTATO BROCCOLI RAISIN SALAD TROPICAL FRUIT MILK	CREAM OF TOMATO SOUP GRILLED CHEESE & BACON SANDWICH GREEN BEANS FRUITED GELATIN MILK	BAKED HAM AU GRATIN POTATOES BROCCOLI FLORETS RAINBOW SHERBET CUP MILK	TURKEY SANDWICH MULTI GRAIN SUN CHIPS PEA SALAD PEARS & BLUEBERRIES MILK	HAMBURGER VEGETABLE PIZZA TOSSED COMBINATION SALAD BREADSTICK CAMEL BROWNIE MILK	POPCORN CHICKEN MASHED POTATOES/GRAVY CORN FRESH FRUIT CUP MILK

Menus Approved By:



05/22/22, 06/19/22, 07/17/22, 08/14/22, 09/11/22, 10/09/22

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	JUICE OF CHOICE COLD CEREAL OATMEAL SCRAMBLED EGG W/ CHEESE STRUDEL STICK FRUITED YOGURT MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT BLUEBERRY PANCAKES SAUSAGE LINK BANANA HALF MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL EGG BAKE WITH HAM CINNAMON COFFEE CAKE MANDARIN ORANGES MILK	JUICE OF CHOICE COLD CEREAL OATMEAL SCRAMBLED EGG SAUSAGE PATTY TOAST BLUEBERRIES MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT HARD COOKED EGG SAUSAGE GRAVY BUTTERMILK BISCUIT APPLESAUCE MILK	JUICE OF CHOICE COLD CEREAL OATMEAL BACON MONKEY BREAD FRESH GRAPES MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL DENVER SCRAMBLED EGGS TOAST STRAWBERRIES MILK
<b>N O O N</b>	ROAST TURKEY CRANBERRY SAUCE MASHED POTATOES TURKEY GRAVY CANDIED CARROTS PUMPKIN PIE MILK	BRAISED STEAK W/ MUSHROOM GRAVY MINI BAKER POTATOES SUGAR SNAP PEAS MINI CREAM PUFFS MILK	CHILI DOG ON BUN FRENCH FRIES W/ CHEESE SAUCE 3 BEAN SALAD GRASSHOPPER DESSERT MILK	TATOR TOT CASSEROLE CALIFORNIA BLEND VEGETABLES FRESH BAKED VEGETABLE BREAD LEMON BAR MILK	LASAGNA ROLL UP GREEK FETA VEGETABLE SALAD GARLIC ROLL SUMMER SWIRL CAKE MILK	SHRIMP PASTA ALFREDO CHEESE STUFFED BREADSTICK CHALET GARLIC BUTTERED VEGETABLES ANGEL BERRY DESSERT MILK	MEATBALLS IN GRAVY MASHED POTATOES ASPARAGUS PINEAPPLE UPSIDE DOWN CAKE MILK
<b>E V E</b>	VEGETABLE BEEF W/ BARLEY SOUP HAM AND CHEESE SANDWICH LETTUCE/TOMATO/ONION BAKED CHIPS ICE CREAM CUP MILK	CHEESEBURGER ON BUN LETTUCE/TOMATO/ONION PICKLED BEETS SWEET POTATO PUFFS DARK SWEET CHERRIES MILK	BAKED CHICKEN LEGS STEAKHOUSE POTATO SALAD GLAZED CARROTS SUGAR COOKIE MILK	REUBEN BAKE POTATO ROUNDS MALIBU BLEND VEGETABLES MINUTE FRUIT SALAD MILK	BBQ PORK ON BUN POTATO WEDGES CARROT STICKS MOLASSES COOKIE MILK	BLT SANDWICH POTATO SALAD CORN PEANUT BUTTER MOUSSE MILK	SAUSAGE PIZZA BONELESS CHICKEN WINGS TOSSED SALAD W/ DRSG PEACH SLICES MILK

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05/29/22, 06/26/22, 07/24/22, 08/21/22, 09/18/22

Notes: