

**Week 1 REGULAR / NAS**

**LMC Spring/Summer 2021**

**Week at a Glance**

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE COLD CEREAL OATMEAL FRENCH TOAST STRATA SAUSAGE PATTY STRAWBERRIES MILK	CHOICE OF JUICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG W/ CHEESE TOAST BACON DARK SWEET CHERRIES MILK	CHOICE OF JUICE COLD CEREAL MALT O MEAL DENVER HASHBROWN CASSEROLE TOAST MARG/JELLY ORANGE WEDGES MILK	CHOICE OF JUICE COLD CEREAL OATMEAL FRENCH TOAST / SYRUP SAUSAGE LINK BANANA MILK	CHOICE OF JUICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG BACON BLUEBERRY MUFFIN GRAPEFRUIT SECTIONS MILK	CHOICE OF JUICE COLD CEREAL MALT O MEAL CHEESE OMELET DONUT HOLES PEACHES MILK	CHOICE OF JUICE COLD CEREAL OATMEAL HARD COOKED EGG SAUSAGE PATTY CINNAMON COFFEE CAKE FRESH GRAPES MILK
<b>N O O N</b>	CHICKEN PARMESAN BREADSTICK FRESH ROASTED ZUCCHINI W/ HERB SEASONING BLONDIE BROWNIE MILK	GLAZED MEATLOAF BAKED POTATO BROCCOLI FLORETS SUMMERTIME GELATIN DESSERT MILK	SALISBURY STEAK GARLIC MASHED POTATOES SHREDDED CARROT SALAD DEVILS FOOD PUDDING CAKE MILK	LASAGNA ITALIAN TOSSED SALAD GARLIC BREAD CANDY BAR CHEESECAKE MILK	BEEF STEW BUTTERMILK BISCUIT BACON CAULIFLOWER SALAD COCONUT CREAM PIE MILK	PORK CHOP SCALLOPED POTATOES CAMELIZED BUTTERNUT SQUASH RICE KRISPIE SQUARE MILK	COUNTRY FRIED STEAK MASHED POTATOES COUNTRY GRAVY ROASTED PARMESAN GREEN BEANS CARAMEL APPLE CAKE MILK
<b>E V E</b>	SMOKED SAUSAGE IN SWEET SAUERKRAUT TOSSED SALAD W/ DRSG ROASTED POTATO MEDLEY SNICKERDOODLE BARS MILK	FRENCH ONION SOUP COLD CUT SANDWICH LETTUCE /TOMATO /ONION MULTI GRAIN SUN CHIPS FRESH MELON CUP MILK	TAVERN BATTERED COD TATER TOTS COLESLAW COTTAGE CHEESE WITH PINEAPPLE MILK	CHICKEN PHILLY SANDWICH POTATO CHIPS MIXED VEGETABLES PISTACHIO PUDDING MILK	MACARONI & CHEESE LITTLE SMOKIES IN BBQ SAUCE STEWED TOMATOES BANANA BAR MILK	POTATO SOUP CHICKEN SALAD SANDWICH MIXED GREENS SALAD EMERALD PEAR SLICES MILK	HAMBURGER ON BUN TOMATO, LETTUCE, ONION, PICKLE FRENCH FRIES APRICOTS SUGAR COOKIE MILK

Menus Approved By:



**Martin Bros.**  
DISTRIBUTING CO INC

**LUTHERMANOR**  
COMMUNITIES

05/02/21, 05/30/21, 06/27/21, 07/25/21, 08/22/21, 09/19/21

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG W/ CHEESE BACON CINNAMON ROLL WATERMELON MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL WAFFLES WITH SYRUP SAUSAGE LINK APPLE SLICES MILK	JUICE OF CHOICE COLD CEREAL OATMEAL CHEESY EGG BAKE DANISH BANANA HALF MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT SAUSAGE PATTY CINNAMON TWIST FRESH GRAPES MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL SCRAMBLED EGGS W/ PEPPER/ONION BACON CRANBERRY ORANGE MUFFIN CLEMENTINE MILK	JUICE OF CHOICE COLD CEREAL OATMEAL PANCAKES/SYRUP BREAKFAST HAM SLICE CANTALOUPE MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG SAUSAGE LINK TOAST FRUITED YOGURT MILK
<b>N O O N</b>	ROAST BEEF REDSKIN MASHED POTATOES BEEF GRAVY CREAMED CORN FRESH BAKED BREAD STRAWBERRY RHUBARB PIE MILK	GLAZED HAM BALLS HERBED RICE ITALIAN TOSSED SALAD CHOCOLATE MOUSSE MILK	SWISS CHICKEN BREAST TWICE BAKED MASHED POTATOES KEY WEST BLEND VEGETABLES BUTTERSCOTCH CHIP BAR MILK	TURKEY & DRESSING SANDWICH GREEN BEAN CASSEROLE BABY CARROTS ICE CREAM SANDWICH MILK	SPAGHETTI W MEATSAUCE GARLIC BREAD ROASTED BRUSSELS SPROUTS FROSTED BROWNIE MILK GRILLED CHICKEN BREAST	HAMBURGER VEGETABLE PIZZA TOSSED COMBINATION SALAD BREADSTICK APPLESAUCE CAKE MILK	BBQ PORK RIB BAKED POTATO/MARG HARVARD BEETS FRUIT PIZZA MILK
<b>E V E</b>	HOT DOG ON BUN POTATO SALAD BAKED BEANS RASPBERRY PEACHES MILK	CREAMED CHIPPED BEEF MASHED POTATOES PEAS TAPIOCA ORANGE SALAD MILK	DELI HOAGIE SANDWICH BAKED CHIPS CUCUMBER & ONION SALAD ORANGE POUND CAKE/ VANILLA SAUCE MILK	APPLEY SMOKED SAUSAGE PARSLEY BUTTER RED POTATOES TOMATO SALAD CHOCOLATE PUDDING MILK	POPCORN CHICKEN MASHED POTATOES CHICKEN GRAVY CORN FRUIT AND MARSHMALLOW QUICK SALAD MILK	ITALIAN BEEF ON BUN/AU JUS BAKED CHIPS COLESLAW TROPICAL FRUIT MILK	CHICKEN NOODLE SOUP SALTINE CRACKER PACKAGE FRENCH ROLL MARINATED VEGETABLE SALAD SUNRISE FRUIT SALAD MILK

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**LUTHERMANOR**  
COMMUNITIES

05/09/21, 06/06/21, 07/04/21, 08/01/21, 08/29/21, 09/26/21

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	JUICE OF CHOICE COLD CEREAL MALT O MEAL CHEESE OMELET SCONE ORANGE WEDGES MILK	JUICE OF CHOICE COLD CEREAL OATMEAL SCRAMBLED EGG W/ HAM & CHEESE TOAST SEASONAL FRUIT CUP MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT BLUEBERRY PANCAKES BACON DARK SWEET CHERRIES MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL SCRAMBLED EGG SAUSAGE LINK TOAST STRAWBERRIES MILK	JUICE OF CHOICE COLD CEREAL OATMEAL FRENCH TOAST / SYRUP BACON FRESH GRAPES MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT SCRAMBLED EGG W/ CHEESE GLAZED MINI LONG JOHN WATERMELON MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL SAUSAGE PATTY HARD COOKED EGG TOAST BANANA MILK
<b>N O O N</b>	FRIED CHICKEN MASHED POTATOES CHICKEN GRAVY COLESLAW APPLE PIE MILK	BLT SANDWICH FRITOS CORN CHIPS PEA SALAD GELATIN POKE CAKE MILK	CHICKEN CORDON BLEU WILD RICE CARROTS RHUBARB CRISP MILK	CHEESEBURGER ON BUN TOMATO, LETTUCE, ONION, PICKLE POTATO WEDGES CORN MARBLE CAKE/FROSTING MILK	BEEF & NOODLES SPINACH CRAISIN SALAD PINEAPPLE DREAM BAR MILK	BREADED SHRIMP COCKTAIL SAUCE BAKED POTATO/MARG PEAS & CARROTS STRAWBERRY SHORTCAKE MILK	BRATWURST ON BUN SAUERKRAUT GERMAN POTATO SALAD BAKED BEANS APPLE ORCHARD BAR MILK
<b>E V E</b>	DELI ROAST BEEF SANDWICH ONION TANGLERS BROCCOLI RAISIN SALAD CHERRY CHEESECAKE MILK	GLAZED MEATLOAF BAKED POTATO CREAMED CORN ICE CREAM CUP MILK	PULLED PORK ON BUN TATER TOTS GREEN BEANS FRUITED GELATIN MILK	HAM BROCCOLI CASSEROLE FRESH BAKED VEGETABLE BREAD RAINBOW SHERBET CUP STEAMED BROCCOLI MILK	TURKEY & CHEESE CROISSANT MULTI GRAIN SUN CHIPS CUCUMBERS IN DILL PEARS & BLUEBERRIES MILK	SAUSAGE PIZZA TOSSED COMBINATION SALAD BREADSTICK SNICKERDOODLE COOKIE MILK	CHICKEN A LA KING BUTTERMILK BISCUIT CHOP CHOP SALAD PEACHES MILK

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**LUTHERMANOR**  
COMMUNITIES

05/16/21, 06/13/21, 07/11/21, 08/08/21, 09/05/21, 10/03/21

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	JUICE OF CHOICE COLD CEREAL OATMEAL DENVER SCRAMBLED EGGS CINNAMON ROLL STRAWBERRY APPLESAUCE MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT PANCAKES/SYRUP SAUSAGE LINK BANANA HALF MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL HARD COOKED EGG SAUSAGE GRAVY BUTTERMILK BISCUIT FRUITED YOGURT MILK	JUICE OF CHOICE COLD CEREAL OATMEAL SCRAMBLED EGG BACON TOAST BLUEBERRIES MILK	JUICE OF CHOICE COLD CEREAL CREAM OF WHEAT WAFFLE WITH SYRUP SAUSAGE PATTY FRESH FRUIT CUP MILK	JUICE OF CHOICE COLD CEREAL OATMEAL SCRAMBLED EGG W/ CHEESE CINNAMON COFFEE CAKE PINEAPPLE TIDBITS MILK	JUICE OF CHOICE COLD CEREAL MALT O MEAL EGG BAKE WITH HAM TOAST FRESH GRAPES MILK
<b>N O O N</b>	GLAZED HAM BAKED POTATO GREEN BEANS FRESH BAKED BREAD LEMON MERINGUE PIE MILK	STIR FRIED BEEF & VEGETABLES VEGETABLE EGG ROLL SWEET & SOUR SAUCE FORTUNE COOKIE MAGIC COOKIE BAR MILK	CHILI DOG ON BUN FRENCH FRIES 3 BEAN SALAD GRASSHOPPER DESSERT MILK	TATOR TOT CASSEROLE CALIFORNIA BLEND VEGETABLES FRESH BAKED VEGETABLE BREAD MINI CREAM PUFFS MILK	GOULASH GREEK FETA VEGETABLE SALAD GARLIC ROLL SUMMER SWIRL CAKE MILK	MINISTRONE SOUP GRILLED REUBEN SANDWICH DILL PICKLE POTATO CHIPS BLUEBERRY BREAD PUDDING MILK	ROAST TURKEY MASHED POTATOES TURKEY GRAVY GLAZED CARROTS DINNER ROLL PUMPKIN PIE MILK
<b>E V E</b>	SLOPPY JOE ON BUN SEASONED PEAS POTATO CHIPS PEANUT BUTTER COOKIE MILK	TURKEY SWISS BURGER LETTUCE /TOMATO /ONION PICKLED BEETS SWEET POTATO PUFFS DARK SWEET CHERRIES MILK	BAKED CHICKEN LEGS STEAKHOUSE POTATO SALAD GLAZED CARROTS VANILLA PUDDING MILK	CHICKEN BROCCOLI ALFREDO GARLIC BREAD MINUTE FRUIT SALAD MILK	BBQ RIB PATTY ON A BUN POTATO WEDGES CARROT STICKS PEACHES MILK	BBQ CHICKEN PIZZA CAESAR SALAD WATERMELON WEDGE FROSTED CUPCAKE MILK	BLT POTATO SALAD CORN STRAWBERRIES MILK

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**LUTHERMANOR**  
COMMUNITIES

05/23/21, 06/20/21, 07/18/21, 08/15/21, 09/12/21, 10/10/21

Notes: