

**Week 1 REGULAR / NAS**

**Luther Manor Communities S/S 2020 HC&GM**

**Week at a Glance**

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE OATMEAL SCRAMBLED EGG W/ CHEESE CARAMEL ROLL FRUITED YOGURT SKIM MILK	CHOICE OF JUICE CREAM OF WHEAT TEXAS FRENCH TOAST WITH SYRUP SAUSAGE PATTY DICED PEARS SKIM MILK	CHOICE OF JUICE MALT O MEAL SCRAMBLED EGG BACON RAISIN TOAST APRICOTS SKIM MILK	CHOICE OF JUICE CREAM OF WHEAT SAUSAGE GRAVY BUTTERMILK BISCUIT FRESH GRAPES SKIM MILK	CHOICE OF JUICE BAKED OATMEAL WITH RAISINS SAUSAGE LINK TOAST PEACH SLICES SKIM MILK	CHOICE OF JUICE MALT O MEAL PANCAKES/SYRUP BACON TROPICAL FRUIT SKIM MILK	CHOICE OF JUICE SCRAMBLED EGG W/ HAM & CHEESE HONEY BUN COFFEE CAKE MANDARIN ORANGES SKIM MILK
<b>N O N</b>	ROAST BEEF PARSLEY MASHED POTATOES BEEF GRAVY STEAMED CAULIFLOWER DINNER ROLL/MARG PEACH PIE SKIM MILK	BLT SANDWICH MACARONI AND CHEESE PEA SALAD CHERRY GELATIN DESSERT SKIM MILK	HONEY BBQ CHICKEN DRUMSTICKS BAKED POTATO/MARG/SOUR CREAM COLESLAW DINNER ROLL/MARG WATERMELON SKIM MILK	GLAZED MEATLOAF FRENCH ONION SCALLOPED POTATOES GREEN BEANS FRESH BAKED BREAD CARROT CAKE/CR CHEESE FROSTING SKIM MILK	CHILI DOG ON BUN POTATO WEDGES BROCCOLI CAULIFLOWER SALAD ICE CREAM SANDWICH SKIM MILK	BREADED SHRIMP COCKTAIL SAUCE HASHBROWNS FF CARROTS, FZN CHOCOLATE MOUSSE SKIM MILK	SWISS STEAK W/ TOMATOES MASHED POTATOES BEEF GRAVY PEAS & CARROTS FRESH BAKED VEGETABLE BREAD FROSTED BROWNIE SKIM MILK
<b>E V E</b>	PARMESAN BASIL TOMATO SOUP SALTINE CRACKER PACKAGE GRILLED TURKEY AND SWISS CHEESE SANDWICH SEASONAL FRESH FRUIT SKIM MILK	MAIDRITE ON BUN POTATO CHIPS PICKLED BEETS & ONIONS CHOC CHIP FLUFFERNUTTER BARS SKIM MILK	HAM SALAD SANDWICH GRILLED ASPARAGUS/BALSAMIC CLASSIC STRAWBERRY SHORTCAKE SKIM MILK	CALIFORNIA HAMBURGER / BUN LETTUCE & TOMATO SLICE TATER ROUNDABOUTS FRUIT PIZZA SKIM MILK	LASAGNA TOSSED COMBINATION SALAD GARLIC TOAST BANANA TRIFLE SKIM MILK	CHEESE PIZZA BREAD STICK MARINARA SAUCE ITALIAN TOMATO SALAD LIME GELATIN WITH PEARS SKIM MILK	TACO BAKE FIESTA RICE REFRIED BEANS APPLE ENCHILADA SKIM MILK

Menus Approved By:



**Martin Bros.**  
DISTRIBUTING CO INC

**LUTHERMANOR**  
COMMUNITIES

05/03/20, 05/31/20, 06/28/20, 07/26/20, 08/23/20

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE CREAM OF WHEAT TEXAS FRENCH TOAST WITH SYRUP SAUSAGE PATTY FRUIT COCKTAIL SKIM MILK	CHOICE OF JUICE MALT O MEAL SCRAMBLED EGG BACON TOAST DARK SWEET CHERRIES SKIM MILK	CHOICE OF JUICE OATMEAL DENVER SCRAMBLED EGGS BRAN MUFFIN DICED PEARS SKIM MILK	CHOICE OF JUICE CREAM OF WHEAT BREAKFAST PIZZA APPLESAUCE SKIM MILK	CHOICE OF JUICE MALT O MEAL BREAKFAST SANDWICH CANTALOUPE SKIM MILK	CHOICE OF JUICE OATMEAL SCRAMBLED EGG W/ CHEESE FROSTED FILLED DONUT PEACH SLICES SKIM MILK	CHOICE OF JUICE CREAM OF WHEAT PANCAKES/SYRUP BACON FRUITED YOGURT SKIM MILK
<b>N O O N</b>	BAKED HAM BAKED POTATO/MARG/SOUR CREAM PARSLIED CAULIFLOWER DUTCH APPLE PIE SKIM MILK	SPAGHETTI WITH MEATSAUCE TOSSED COMBINATION SALAD GARLIC TOAST PEACH CRUNCH SKIM MILK	TERIYAKI BEEF TIPS OVER RICE VEGETABLE EGG ROLL SWEET & SOUR SAUCE RASPBERRY FRUITED GELATIN SKIM MILK	SOUTHERN FRIED CHICKEN (CONV) REDSKIN MASHED POTATOES CHICKEN GRAVY COLESLAW M&M RICE KRISPIE SQUARE SKIM MILK	SLOPPY JOE ON BUN BAKED CHIPS HICKORY BAKED BEANS CUPCAKE WITH FROSTING SKIM MILK	CREAM OF POTATO SOUP DEVILED EGG SALAD SANDWICH PICKLED BEETS VERY BERRY GELATIN SKIM MILK	CHEESEBURGER DELUXE FRENCH FRIES BALSAMIC GLAZED GREEN BEANS FROSTED BROWNIE SKIM MILK
<b>E V E</b>	TURKEY RANCH CLUB SANDWICH HOMEMADE POTATO SALAD BROCCOLI CUTS FRESH FRUIT CUP SKIM MILK	CREAM OF ASPARAGUS SOUP SALTINE CRACKER PACKAGE ROAST BEEF & SWISS SANDWICH EAGLE MACARONI SALAD MANDARIN ORANGES SKIM MILK	STUFFING TOPPED PORK CHOPS CRANBERRY SAUCE SEASONED PEAS FRESH MELON CUP SKIM MILK	BRATWURST PATTY SAUERKRAUT KETCHUP/MUSTARD GERMAN POTATO SALAD PARSLIED CARROTS APRICOTS SKIM MILK	CHICKEN NOODLE SOUP ITALIAN PORK SANDWICH ITALIAN BLEND VEGETABLES PUDDING W/ SPRINKLES SKIM MILK	BAKED ZITI MANDARIN SPINACH SALAD GARLIC TOAST RAINBOW JELL-O POKE CAKE SKIM MILK	ROASTED CHICKEN CHEDDAR SOUR CREAM MASHED POTATOES BROCCOLI & CAULIFLOWER ICE CREAM SANDWICH SKIM MILK

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05/10/20, 06/07/20, 07/05/20, 08/02/20, 08/30/20

**LUTHERMANOR**  
COMMUNITIES

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE MALT O MEAL SCRAMBLED EGG SAUSAGE LINK BANANA SKIM MILK	CHOICE OF JUICE OATMEAL BLUEBERRY CRUNCH BREAKFAST BAKE STRAWBERRY APPLESAUCE BACON SKIM MILK	CHOICE OF JUICE CREAM OF WHEAT HAM & EGG BREAKFAST PUFF TOAST TROPICAL FRUIT SKIM MILK	CHOICE OF JUICE MALT O MEAL CINNAMON TWIST SAUSAGE PATTY APPLE SLICES SKIM MILK	CHOICE OF JUICE OATMEAL SCRAMBLED EGG BACON FRESH GRAPES LUSCIOUS LEMON COFFEE CAKE SKIM MILK	CHOICE OF JUICE CREAM OF WHEAT CHEESY EGG BAKE CREAM FILLED LONG JOHN FRESH MELON CUP SKIM MILK	CHOICE OF JUICE MALT O MEAL APPLE CINNAMON PANCAKES SAUSAGE LINK APRICOTS SKIM MILK
<b>N O O N</b>	SB6 ROAST PORK PORK GRAVY BAKED SWEET POTATO ASPARAGUS LEMON MERINGUE PIE SKIM MILK	BBQ BONELESS WINGS BAKED GARLIC PARM POTATO WEDGES SWEET PEPPER SLAW TAPIOCA PUDDING SKIM MILK	LASAGNA ITALIAN TOSSED SALAD GARLIC ROLL BANANA CREAM CHEESECAKE SKIM MILK	BAKED HAM CANDIED SWEET POTATOES PEAS DINNER ROLL/MARG SOUR CREAM ORANGE CAKE SKIM MILK	PHILLY MIGNON MASHED POTATOES ROASTED BRUSSELS SPROUTS PEACH COBBLER W/ CINNAMON WHIPPED TOPPING SKIM MILK	BEEF CHOW MEIN FRIED RICE STIR FRY VEGETABLES CHOCOLATE PUDDING CAKE SKIM MILK	TURKEY & DRESSING SANDWICH CRANBERRY POACHED PEARS BUTTERED ZUCCHINI CHERRY GELATIN DESSERT SKIM MILK
<b>E V E</b>	BACON CHEDDAR RIBLET CHEESE PUFFS EAGLE MACARONI SALAD CHOCOLATE CHIP COOKIE SKIM MILK	BRUSCHETTA CHICKEN BAKE HARVARD BEETS FRUITED GELATIN W/ TOPPING SKIM MILK	TURKEY SANDWICH POTATO CHIPS 3 BEAN SALAD WATERMELON SKIM MILK	TUNA SALAD SANDWICH DEVILED EGG POTATO SALAD PUFF CORN CUSTARD SKIM MILK	CREAM OF TOMATO SOUP SALTINE CRACKER PACKAGE GRILLED CHEESE SANDWICH YELLOW SQUASH DRUMSTICK ICE CREAM CONE SKIM MILK	3 CHEESE PIZZA ITALIAN TOSSED SALAD GARLIC BREADSTICK MARINARA SAUCE BUTTERSCOTCH PUDDING SKIM MILK	MARINATED CHICKEN BREAST TATER ROUNDABOUTS RHUBARB CRISP SKIM MILK

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**LUTHERMANOR**  
COMMUNITIES

05/17/20, 06/14/20, 07/12/20, 08/09/20

Notes:

M	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>B F S T</b>	CHOICE OF JUICE OATMEAL DENVER CASSEROLE BANANA QUICK BREAD SUNRISE FRUIT SALAD SKIM MILK	CHOICE OF JUICE CREAM OF WHEAT SCRAMBLED EGG BACON BANANA SKIM MILK	CHOICE OF JUICE MALT O MEAL BLUEBERRY PANCAKE (SCRATCH) SAUSAGE LINK APPLE SLICES SKIM MILK	CHOICE OF JUICE OATMEAL SCRAMBLED EGG W/ CHEESE ORANGE CREAM COFFEE CAKE DARK SWEET CHERRIES SKIM MILK	CHOICE OF JUICE CREAM OF WHEAT TEXAS FRENCH TOAST WITH SYRUP BACON STRAWBERRIES SKIM MILK	CHOICE OF JUICE MALT O MEAL SCRAMBLED EGGS W/ PEPPER/ONION GLAZED MINI LONG JOHN CANTALOUPE SKIM MILK	CHOICE OF JUICE OATMEAL HAM, EGG & CHEESE CROISSANT RAISIN TOAST WATERMELON SKIM MILK
<b>N O O N</b>	CREAMED CHIPPED BEEF MASHED POTATOES STEAMED BABY CARROTS DINNER ROLL/MARG CHERRY PIE SKIM MILK	PARMESAN MEATBALL BAKE MANDARIN SPINACH SALAD GARLIC TOAST MARBLE CAKE/FROSTING SKIM MILK	CHICKEN & RICE BAKE GREEN BEANS ALMONDINE BANANA PUDDING DESSERT SKIM MILK	HAMBURGER VEGETABLE PIZZA TOSSED VEGETABLE SALAD BREAD STICK MARINARA SAUCE GRASSHOPPER DESSERT SKIM MILK	CHICKEN PHILLY SANDWICH BAKED POTATO/MARG/SOUR CREAM CALIFORNIA BLEND VEGETABLES LEMON BAR SKIM MILK	GRILLED CHEESEBURGER ON BUN TOMATO, LETTUCE, ONION, PICKLE PARMESAN FRENCH FRIES ROASTED CORN COBBETTE FROSTED SUGAR COOKIE SKIM MILK	CHICKEN TENDERS MASHED POTATOES CHICKEN GRAVY COLESLAW RAINBOW SHERBET CUP SKIM MILK
<b>E V E</b>	CHICKEN SALAD ON CROISSANT PICKLED BEETS TOSSED COMBINATION SALAD FRUIT COCKTAIL SKIM MILK	BBQ RIBS SCALLOPED POTATOES BAKED BEANS DICED PEARS SKIM MILK	BRATWURST ON BUN SAUERKRAUT REDSKIN MASHED POTATOES BROCCOLI RAISIN SALAD RASPBERRY PEACHES SKIM MILK	GRILLED CHEESE SANDWICH SWEET PEPPER SLAW FRESH FRUIT CUP SKIM MILK	GLAZED MEATLOAF FRENCH ONION MASHED POTATOES CREAMED CORN APPLESAUCE GELATIN SKIM MILK	EGG SALAD SANDWICH FRITOS CORN CHIPS CARROT & CELERY STICKS RANCH DRESSING PINEAPPLE TIDBITS SKIM MILK	SUBMARINE SANDWICH POTATO CHIPS CUCUMBER & ONION SALAD CHERRY CHA CHA SKIM MILK

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**Martin Bros.**  
DISTRIBUTING CO INC

**LUTHERMANOR**  
COMMUNITIES

05/24/20, 06/21/20, 07/19/20, 08/16/20

Notes: