

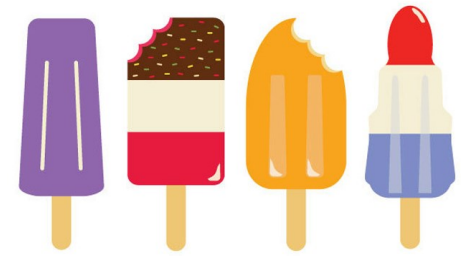













The Residences

June 2019

The Residences' After Hours
Emergency Maintenance:

Please *call* (563) 213-4157. You will automatically be connected with the maintenance employee on-call.



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Calendar subject to change</i>						1
2	3	4	5 Reserved 10:00-1:00 2:00 Zumba	6 Conf. Room Reserved 12:00-2:00 4:00 Happy Hour & Pool Party! 	7	8 Reserved 11:30-4:00
9	10 11:00 Balance 2:00 Water Aerobics	11 10:30 Strength Circuit 2:45 Arthritis Aquatics	12 11:00 Fall Prevention 2:00 Aqua Zumba	13 9:00 Strength 11:30 Potluck  2:45 Ai Chi	14 9:30 Men's Coffee  11:45 Stretch It Out!  <i>Flag Day</i>	15
16  <i>Father's Day</i>	17 11:00 Balance  1:00 Book Club 2:30 Water Aerobics	18 Reserved 10:00-2:00 10:30 Strength Circuit 2:45 Arthritis Aquatics	19 9:30 Ladies' Coffee  11:00 Fall Prevention Reserved 12:00-2:00 2:00 Aqua Zumba	20 9:30 BP Checks  9:40 Core Control  10:00 Strength 2:45 Ai Chi  4:00 Pergola Night	21 11:45 Stretch It Out!  <i>1st day of Summer</i>	22
23	24 11:00 Balance 2:00 Water Aerobics	25 10:30 Strength Circuit 2:35 Arthritis Aquatics	26 11:00 Fall Prevention 2:00 Aqua Zumba	27 NO Core NO Strength 2:45 Ai Chi 5:30 Dinner Night Out @ Copper Kettle	28 NO Stretch	29
30						