

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

1

2

Strength @ 9:45 AM

Groundhog Day

Worship Service & Communion @ 9:45 AM

Groceries @ 1:00 PM
Sit & Stretch @ 9:30 AM

Chinese New Year

Balance @ 9:30 AM
Birthday Party @ 2:00 PM



Word & Song @ 6:30 PM

Blood Pressure @ 9:30 AM
Strength @ 9:45 AM

9

Worship Service & Communion @ 9:45 AM

Groceries @ 1:00 PM
Sit & Stretch @ 9:30 AM

12

Balance @ 9:30 AM

Word & Song @ 6:30 PM



Strength @ 9:45 AM
Happy Hour @ 2:00 PM



16

Worship Service & Communion @ 9:45 AM

Groceries @ 1:00 PM
Sit & Stretch @ 9:30 AM

Happy Joes @ 11:30 AM
1st Floor Activity Room

Balance @ 9:30 AM

Word & Song @ 6:30 PM

Donuts @ 9:00 AM
Strength @ 9:45 AM



23

Presidents' Day (US)

Worship Service & Communion @ 9:45 AM

Groceries @ 1:00 PM
NO CLASS

Movie : New Girl in Town @ 1:30 PM
1st Floor Activity Room

NO CLASS

Word & Song @ 6:30 PM

HAPPY BIRTHDAY TO Shirley Siegworth 2-13
Anne Hanselmann 2-15