

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Groceries 1:00	2 Simchat Torah	3 Balance 9:30 AM Village inn pie @ 2:00 PM	4 Word & Song @ 6:30 PM	5 Strength @ 9:45 AM	6
7 Worship & Communion @ 3:00 PM	8 Sit & Stretch 9:30 AM Groceries 1:00 Columbus Day (US) Thanksgiving Day (Canada)	9	10 Balance 9:30 AM DR. Schuck @ 1:00 PM	11 Word & Song @ 6:30 PM	12 Blood Pressure @ 9:30 AM Strength @ 9:45 AM Happy Hour @ 2:00 PM	13
14 Worship & Communion @ 3:00 PM	15 Sit & Stretch 9:30 AM Groceries 1:00	16	17 Balance 9:30 AM	18 Word & Song @ 6:30 PM	19 Strength @ 9:45 AM Breitbach's @ 11:00 AM	20
21 Worship & Communion @ 3:00 PM	22 Sit & Stretch 9:30 AM Groceries 1:00	23 Trick or Treat 6:30 pm – 7:30 pm	24 Balance 9:30 AM	25 Word & Song @ 6:30 PM	26 Strength @ 9:45 AM Donuts & Coffee @ 9:00 AM	27
28 Worship & Communion @ 3:00 PM	29 Sit & Stretch 9:30 AM Groceries 1:00	30	31 Balance 9:30 AM Halloween			

October 2018