

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

September 2018

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Worship & Communion @ 3:00 pm	2	 <small>Labor Day</small>		4 Birthday Party @ 2:00 pm Balance @ 9:30 am	5	Word & Song @ 6:30 pm	6 Dairy Queen @ 1:30 pm Strength @ 9:45 am	7	8
Worship & Communion @ 3:00 pm <small>Grandparents Day</small>	9	Groceries @ 1 pm Sit & Stretch @ 9:30 am <small>Rosh Hashanah</small>	10	11 Arboretum Tour & Lunch @ 11 am Balance @ 9:30 am	12	Word & Song @ 6:30 pm	13 Blood Pressure @ 9:30 am Strength @ 9:45 am	14	15
Worship & Communion @ 3:00 pm	16	Groceries @ 1 pm Sit & Stretch @ 9:30 am	17	18 Paint Class @ 1:00 pm Balance @ 9:30 am <small>Yom Kippur</small>	19	Word & Song @ 6:30 pm	20 Happy Hour @ 2 pm	21	22
Worship & Communion @ 3:00 pm	23	Groceries @ 1 pm Sit & Stretch @ 9:30 am 5:00 Dinner with LM Board <small>Sukkot</small>	24	Happy's @ 11 am	25	26 NO EXERCISE Word @ 6:30 pm	27 Word & Song @ 6:30 pm	28 Donuts @ 9 am	29
Worship & Communion @ 3:00 pm	30	<p>Happy Birthday To : Joyce Happy Birthday To: Ingrid Happy Birthday To: Leona</p>							