

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:45 Worship Canada Day	1 9:30 AM Sit and Stretch 1:00 PM Grocery Shopping	2 3:15 PM Rosary 3:45 Communion	3  Independence Day	NO Balance Class 6:45 PM Word & Song	5 9:45 AM Strength Training	6
3:45 Worship	8 9:30 AM Sit and Stretch 1:00 PM Grocery Shopping	9 3:15 PM Rosary 3:45 Communion 1:00 Art Class 1st Floor	10 9:30 AM Balance 2:00 PM Birthday Party 10:00 Hymn Sing	11 NO Balance Class 6:45 PM Word & Song	12 9:45 AM Strength Training	13
3:45 Worship	15 9:30 AM Sit and Stretch 1:00 PM Grocery Shopping	16 11:00 AM Olive Garden 3:15 Rosary 3:45 Communion	17 9:30 Balance 10:00 Hymn Sing	18 NO Balance Class 6:45 PM Word & Song	19 9:45 AM Strength Training 2:00 PM Happy Hour	20
3:45 Worship	22 9:30 AM Sit and Stretch 1:00 PM Grocery Shopping	23 3:15 Rosary 3:45 Communion	24 9:30 Balance 10:00 Hymn Sing	25 NO Balance Class 6:45 PM Word & Song	26 9:00 AM Donuts And Coffee 9:45 AM Strength Training	27
3:45 Worship	29 9:30 AM Sit and Stretch 1:00 PM Grocery Shopping	30 3:15 Rosary 3:45 Communion	31			