











The Residences

June 2018



The Residences' After Hours Emergency Maintenance:

Please *call* (563) 213-4157. You will automatically be connected with the maintenance employee on-call.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>Calendar Subject to Change</i>				1	2
3	4	5	6	7 4:00 Happy Hour 	8 9:30 Men's Coffee 	9 Club House Reserved 3:00-7:00
10 Club House Reserved 11:00-3:00 Exercise classes start this week (part 1)!	11 2:00 Water Aerobics	12 10:30 Strength Circuit 1:30 Thrive (Bistro) 2:45 Arthritis Aquatics	13 11:00 Chair Yoga Club House Reserved 12:00-4:00 2:00 Aqua Zumba	14 9:00 Strength 11:30 Potluck  2:45 Ai Chi	15 12:15 Stretch it Out! 4:00 Social Night at the Pergola 	16
17 	18 2:00 Water Aerobics	19 10:30 Strength Circuit 1:30 Thrive (Bistro) 2:45 Arthritis Aquatics	20 9:30 Ladies' Café  11:00 Chair Yoga 1:00 Book Club  2:00 Aqua Zumba	21 9:30 Blood Pressure 10:00 Strength  2:45 Ai Chi 7:00 Mamma Mia!	22 12:15 Stretch it Out!	23 Club House Reserved 7:30-11:30am
24	25 2:00 Water Aerobics	26 10:30 Strength Circuit 2:45 Arthritis Aquatics	27 11:00 Chair Yoga 2:00 Aqua Zumba	28 10:00 Strength 2:45 Ai Chi Dinner Night Out 5:30 meet @ Breitbachs	29 12:15 Stretch it Out!	30