

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45 AM Worship & Communion Service- NH 1	9:30 Sit & Stretch 2 1:00 Groceries	3:15 Rosary- NH 3 3:45 Service & Communion	9:30 Balance 4 10:00 Hymn Sing 10:30 Bible Study	2:45 Balance 5 6:30 Word & Song	Sunshine 6 Restaurant 8 AM Strength Training 9:45 AM	7
9:45 AM Worship & Communion Service- NH 8	9:30 Sit & Stretch 9 1:00 Groceries <small>Columbus Day (US) Thanksgiving Day (Canada)</small>	3:15 Rosary-NH 10 3:45 Service & Communion	9:30 Balance 11 2:00 PM – DR 9:30 Balance 10:00 Hymn Sing 10:30 Bible Study	Sukkot 2:45 Balance 12 6:30 Word & Song	Strength 13 Training 9:45 AM Breitbach's Restaurant 11:00 AM	14
9:45 AM Worship & Communion Service-NH 15	9:30 Sit & Stretch 16 1:00 Groceries	3:15 Rosary-NH 17 3:45 Service & Communion	9:30 Balance 18 10:00 Hymn Sing 10:30 Bible Study 1:00 Apartment Meeting- 2 nd Floor	2:45 Balance 19 6:30 Word & Song	Strength 20 Training 9:45 AM Happy Hour 2 PM	21
9:45 AM Worship & Communion Service-NH 22	9:30 Sit & Stretch 23 1:00 Groceries	3:15 Rosary-NH 24 3:45 Service & Communion	9:30 Balance 25 10:00 Hymn Sing 10:30 Bible Study 6 – 7 pm Trick or Treat	2:45 Balance 26 6:30 Word & Song	Donuts 9:00 AM 27 Strength Training 9:45 AM	28
9:45 AM Worship & Communion Service-NH 29	9:30 Sit & Stretch 30 1:00 Groceries	3:15 Rosary-NH 31 3:45 Service & Communion <small>Halloween</small>				