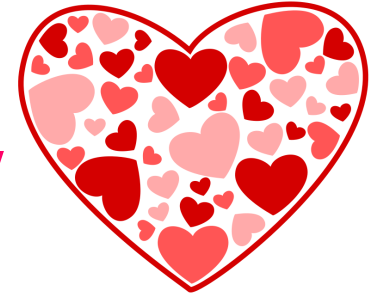




The Residences







February 2017



The Residences' After Hours

Emergency Maintenance:

Please *call* (563) 590-6572. You will automatically be connected with the maintenance employee on-call.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Thrive 11:00 Core 1:00 Strength 1:30 Happy Hour 4:00 	3 Stretch/Balance 11:00	4
5	6 Strength 10:45 Chaplain 1:00	7 Core 10:15 Strength 10:45 Club House Reserved 5:00-8:00pm	8 Gentlemen's Coffee Klatch 9:30 	9 Potluck 11:30  Core 1:00 Strength 1:30	10 Stretch/Balance 11:00	11 Club House Reserved 12:00-3:00
12	13 Strength 10:45 Club House Reserved 12:30-4:00	14 Core 10:15 Strength 10:45	15 Ladies' Coffee 9:30  Book Club 1:00 	16 Thrive 11:00 Core 1:00 Strength 1:30	17 Blood Pressure Checks 10:00  Stretch/Balance 11:00 Social Night 4:00	18
19	20 Strength 10:45 Chaplain 1:00 Club House Reserved 6:00-10:00pm	21 Core 10:15 Strength 10:45	22	23 Core 1:00 Strength 1:30	24 Stretch/Balance 11:00	25
26 Club House Reserved 5:00-10:00	27 Strength 10:45 Chaplain 1:00 Club House Reserved 5:00-9:00pm	28 Core 10:15 Strength 10:45				