



The Residences

January 2017

**The Residences' After Hours
Emergency Maintenance:**
Please *call* (563) 590-6572. You will automatically be connected with the maintenance employee on-call.



| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|---|--|---|--|---------------------------------|
| <p>1 Happy New Year!</p> <p>Club House Reserved 10:00-1:00 </p> | <p>2</p> <p>Chaplain 1:00</p> | <p>3</p> | <p>4</p> <p>Club House Reserved 9:15-10:15 am</p> | <p>5</p> <p>Thrive 11:00</p> <p>Happy Hour 4:00 </p> | <p>6</p> | <p>7</p> |
| <p>8</p> | <p>9</p> <p>Chaplain 1:00</p> | <p>10</p> <p>Club House Reserved 5:00-8:30pm</p> | <p>11 Gentlemen's Coffee Klatch 9:30 </p> <p>Ladies' Coffee 9:30</p> | <p>12</p> | <p>13</p> | <p>14</p> |
| <p>15</p> <p>Classes Start this week!</p> | <p>16</p> <p>Strength 10:45</p> <p>Chaplain 1:00</p> | <p>17</p> <p>Core Control 10:15</p> <p>Strength 10:45</p> | <p>18</p> <p>Book Club 1:00 </p> | <p>19 Thrive 11:00</p> <p>Core Control 1:00</p> <p>Strength 1:30</p> | <p>20 Blood Pressure Checks 10:00 </p> <p>Stretch/Balance 11:00</p> <p>Friday Night Fellowship 4:00-6:30</p> | <p>21</p> |
| <p>22</p> | <p>23</p> <p>Strength 10:45</p> <p>Chaplain 1:00</p> | <p>24</p> <p>Core Control 10:15</p> <p>Strength 10:45</p> | <p>25</p> <p>Club House Reserved 8:00am-12:00pm</p> | <p>26</p> <p>Core Control 1:00</p> <p>Strength 1:30</p> | <p>27</p> <p>Stretch/Balance 11:00</p> | <p>28</p> |
| <p>29</p> | <p>30</p> <p>Strength 10:45</p> <p>Chaplain 1:00</p> | <p>31</p> <p>Core Control 10:15</p> <p>Strength 10:45</p> | | | | <p><i>Subject to Change</i></p> |